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YMCA of Metropolitan Washington to provide Interagency Family Preservation Services

Silver Spring, MD, (October 1, 2017) – YMCA of Metropolitan Washington, Youth & Family Services Division is proud to announce its partnership with the Montgomery County Department of Health and Human Services to provide Interagency Family Preservation Services (IFPS).

“Interagency Family Preservation Services works with families to keep children who struggle with behavioral and mental health issues in their home,” said Carson Henry, Executive Director of YMCA Youth & Family Services. “More often than not, when these struggles go unaddressed, the behavior leads to a disrupted household, and eventually the child may be removed and placed in juvenile detention centers and foster care. In most instances, parents and guardians are pushed far beyond their normal limits because they lack the tools necessary to help their loved ones.”

Through IFPS, skilled case workers support these families with an in-home treatment plan. During this 14 week program, the case worker will address immediate family needs and offer custom solutions. He or she may also provide interventions, such as teaching anger management, effective communication, and coping skills to deal with social anxiety. The program also provides resources for outside providers, such as family therapy and psychiatric services.

Moreover, the case workers will help the family build relationships with people in their community, such as neighbors, family members, school counselors, coaches, etc., to reduce isolation and increase self-sufficiency. By the end of the 14 week program, the hope is that each family will have the resources and skills needed to function more efficiently.

The YMCA of Metropolitan Washington is a non-profit charity organization that has served Washington Metropolitan Area communities in the areas of youth development, healthy living and social responsibility for nearly 165 years. Annually, more than 250,000 men, women and children in our communities are touched by the Y’s programs and services, which is why the Interagency Family Preservation Services program is so important.

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About YMCA Youth & Family Services

YMCA Youth & Family Services (YFS) is a community-based, comprehensive social services branch of the YMCA of Metropolitan Washington. YFS provides school and community-based prevention and early intervention services to 3,200 at-risk and under-served children and families from across Montgomery County, MD. For over 40 years, YFS programs have been addressing basic social-service needs, teaching fundamental life skills and assisting participants in making healthy choices.

For more information, please visit <http://yfs.ymcadc.org/> or follow us at <https://www.facebook.com/ymcadcyfs>.