ENSURING A BRIGHTER FUTURE

YMCA YOUTH & FAMILY SERVICES’ 2014 ANNUAL REPORT
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A NOTE FROM THE EXECUTIVE DIRECTOR

The work done at YMCA Youth & Family Services (YMCA-YFS) puts unique perspective on the way people traditionally think of the Y. YMCA-YFS truly embodies the spirit that the Y is “so much more.” From English language classes for adults to mentoring programs for youth who age out of foster care, YMCA-YFS has been helping those in need in Montgomery County for over 40 years. Offering a variety of free and low cost social services and programs, YMCA-YFS meets the needs of our community by impacting approximately 3,700 lives annually and indirectly impacting countless others.

This 2014 annual report is a snapshot of the impact that YMCA-YFS is having in the Montgomery County communities we serve. It also provides accountability and insight to our board members, stakeholders, and partners. Our hope is that this report will spark a constructive dialogue on how we may strengthen YMCA-YFS’ presence by bringing the very best of our Y to those in need.

ONE OF MANY MISSION MOMENTS

“As a single parent, I am barely home on time to help my daughter with her homework. As times got harder, I found myself working 7 days a week just to keep a roof above our heads. It was amazing to find out there was a program like Benchmarks to help my daughter. She has been to over 5 different schools since kindergarten... having to move from one place to the next. So it has been a little challenging for her to keep the friends that she makes and keep up with the changes at school. I’ve already seen the difference the program is providing for her. She seems less stressed about school now and I am extremely grateful.”

- YMCA-YFS Parent
OUR 2014 IMPACT

Over **3,700** individuals impacted by YMCA Youth & Family Services:

- 67 people ages 4 to 24 received a dedicated adult mentor in the **Youth Links mentoring program**
- More than 90 adults received **English language instruction** through our adult ESOL classes
- 1,439 individuals received **clinical services** (individual, group and/or family therapy, counseling, referrals, parenting workshops, and psycho-education)

More than 670 youth ages 5 to 20 relied on the safety and engagement of our **after school programs**

Over 40 youth gained healthy living habits through our **soccer mentoring program**

Over 80 youth were exposed to **Science, Technology, Engineering, and Mathematics (STEM)** through building remote controlled cars in the Excel Beyond the Bell program

40 people received **crisis intervention or suicide prevention** counseling this year from our CORE Counseling services

Nearly 30 high school students learned civic engagement and leadership in the **YMCA Youth & Government Program**

"My experience with YFS has been really great because I... continue to learn about myself and grow as a contributing person in my community." – Youth Participant
SNAPSHOTS OF SUCCESS

In 2014, YMCA-YFS offered diverse programs and services to meet the developmental needs of children and families in our community. From zip-lining to gardening, we provided quality services in resource-challenged neighborhoods, and we helped each other become better neighbors!

Here is a glance at what we’re proud of:

52% of youth in the soccer mentoring group of the H.O.M.E. program had a parent attend a soccer game!

100% of youth in the Student Service Learning (SSL) group in the H.O.M.E. program believe they positively contributed to their community!

YMCA-YFS knows how important parental involvement is and so we encourage parent participation at every level.
SNAPSHOTS OF SUCCESS

Yes: 56%
Kind of: 36%
No: 8%

ACADEMIC SUCCESS

“Benchmarks helped me succeed academically!”

92% of BENCHMARKS participants believe that they have improved academically because of the program! BENCHMARKS brings academic support to 5th-8th grade students in the Rosemary Hills community.

CULTURAL ENRICHMENT

“I am interested in investigating other countries and cultures!”

100% of middle school students at the NOB HILL COMMUNITY CENTER agreed with this statement!
YOUTH SATISFACTION

The verdict is in: youth really like our programs and staff!
In a recent survey, we found:

97% believe that the staff treat all kids fairly

99% believe the activities are fun!

98% like the YMCA-YFS staff

These are the responses from 254 YMCA-YFS youth!
COMMUNITY OUTREACH

“I would like to thank YFS Linkages and Core Services where our children have blossomed and where we have received support in our most troubled times. I am thankful for the caring staff. When people in the community need help, YMCA - YFS programs are a path to improve our lives. I enjoy being a participant and volunteering when I can because I can help others as I have been helped and that builds a strong community. I am happy my family and I are part of these programs.”

-Parent

385 baskets of food were given away to YMCA-YFS families during our annual Thanksgiving Holiday Giving.

Over 340 community members got healthier in food choices and pedestrian safety at our annual Healthy Kids Day.

490 individuals benefited from the Healthy Kids Day food distribution.
VOLUNTEERS & FUNDRAISING

(January – December 2013)

413 YMCA-YFS volunteers gave a whopping 14,432 hours of service!

We raised over $45,000 for our annual campaign, Caring for Community, to strengthen our community! YMCA-YFS Staff contributed over $6,000!

Board Members contributed over 324 volunteer hours to help YMCA-YFS reach its strategic and fundraising goals!

Program statistics reflect the time period from July 2013 to June 2014. Remaining statistics are from Jan. 2014 to Dec. 2014.
THANK YOU!

For making a significant financial contribution to a YMCA event

- AMR Commercial, LLC
- Bethesda Magazine
- Breads Unlimited
- Brickman
- Carl M Freeman Foundation
- Chevy Chase Automotive
- City Sports
- Council For Responsible Sport
- Cresa
- Dembo Jones
- EagleBank
- Kazemi Oral and Maxillofacial Surgery
- Kiwanis International
- Marshfield Associates
- Mid Atlantic Federal Credit Union
- Nails by Tammy
- Pepsi
- Print 1
- RBC Wealth Management
- Robert A. Pumphrey Funeral Homes
- Rotary International
- Ruppert Landscape
- Rx Smart Coffee
- Sandy Spring Bank
- Spring Mill Bread Co.
- Suburban Hospital
- SunDun
- TD Bank Charitable Foundation
- The Community Foundation

For making a significant financial contribution to a featured YMCA-YFS program’s annual operations

- Bethesda Chevy Chase Rotary
- Clark–Winchcole Foundation
- City of Takoma Park
- Early Cassidy & Schilling Inc.
- Jim & Carol Trawick Foundation
- Montgomery Coalition for Adult English Literacy
- Montgomery County Collaboration Council for Children, Youth and Families
- Montgomery County Council
- Montgomery County Department of Health & Human Services
- Montgomery County Department of Recreation
- Office Depot Foundation
THANK YOU!
For working with Y staff to develop, implement and improve a program

- Adventist Community Services
- AmeriCorps Project Change
- AmeriCorps Public Allies
- Arts on the Block
- Casa de Maryland
- Commonweal Foundation
- Farmers Crossroads
- Gandhi Brigade
- George Washington University Psychology Department
- Howard Community College
- Imagination Stage
- Impact Silver Spring
- Judy Center
- Loyola University Counseling Department
- Maryland Department of Juvenile Justice – Montgomery County
- Montgomery College
- Montgomery County Public Schools
- Priority Partners
- Raba Leaders Initiative
- Story Tapestries
- Suburban Hospital
- Tess Center
- University of Maryland Expanded Food & Nutrition Program
- University of Maryland Family Therapy Program
- University of Maryland School of Social Work

For helping the Y through in-kind donations to a program and/or event

- Advance Church
- Adventist Community Services
- American Dance Institute
- American Wind Energy Association
- Amerigroup
- Alpha Wives Club
- Bowlmor
- Bullis School Honor Society
- Covenant Community Church
- Darnestown Presbyterian Women’s Association
- DC United
- D&R International
- Epworth United Methodist Church
- First Book
- Heymann Realty
- Interfaith Families Project
- Investment Adviser Association
- InvestorPlace Media
- Koki & Associates
- KW Capital Properties
- Leadership Montgomery
- Literary Council
- Manna Food Center
- Maryland District Court – Montgomery County
- Maryland Youth Ballet
- Mega Mart
- Merrill Lynch Financial
- Panda Express
- Priority Partners
- River Road Unitarian Church
- Salem United Methodist Church
- Sports Chevrolet
- St. Luke Lutheran Church
- The German School
- The Leaders Institute
- The Lutheran Church of St. Andrew
- Town of Chevy Chase
- Toys for Tots
- Tzu Chi Foundation
- United Methodist Cooperative Parish
- Washington DC Diaper Bank
- Women Who Care Ministries
Thank you for helping us strengthen the community!

For more information, visit us at www.ymcadc.org/YFS