

APPETIZERS

one-time experience with our children
(2 to 4 hours)

Workforce Development

Teach a class to help middle school & high school students acquire their first job.

Story Time

Spend time reading a story to elementary school children in our community center.

Career Day

Host a career day for young people to learn about exciting career paths.

Nutrition Classes

Share healthy eating techniques, hands-on cooking skills, and nutrition education to low-income families.

Financial Literacy Classes

Provide middle school students with basic knowledge to develop positive money management habits.



DAILY SPECIALS

on-going opportunities during the school year
(2 to 4 hours)

Mentor

Serve as role model for a court involved youth 4

Tutor

Provide academic help for basic school subjects.

Coach

Lead a youth soccer or basketball team.

Friday Night Climbing Wall

October- April

Assist our staff as a trained belayer.

ENTREES

large community events
(4 to 6 hours)

Healthy Kids Day (HKD)- April

A national YMCA celebration of kid's fun and health.

Volunteers support the health fair, athletic games, and distribute 9,000lbs of donated food.

Family Day- June

A celebration of family through outdoor activities.

Volunteers support booths and family games.

Thingamajig- August

An Association celebration of youth innovation and creativity. Children from all YMCA DC sites create eco-friendly inventions to compete for prizes. Volunteers judge and guide the youth inventions..

Turkey Chase- November

One of the largest events in Montgomery County.

8,000+ people run for our cause on Thanksgiving Day.

Volunteers help before, during, and after the big race.



À LA CARTE

group projects
(occasional)

Hold a Fundraiser

Any time of the year

Host a small fundraiser to support YFS.

Branch Beautification

April & October

Help beautify our administrative office grounds.

Volunteer Appreciation

June

Host our annual banquet celebration.

YFS Fabulous Car Wash

July

Shine and detail cars for a cause

SIDES

signature donation drives
(seasonal)

Winter Warmth January-February

Winter clothing - keep a child warm with coats, hats, gloves, and other essentials.

The Green Thumb Drive March-April

Gardening supplies and flash drives- support our administrative offices needs.

Summer Fun May-June

Sunscreen- protect kids as they play in the sun.

Back to School July-September

School supplies- prepare future leaders with the tools they'll need to succeed.

Food Pantry October-November

Canned foods & gift cards- supply families in need with healthy food during Thanks giving.

Angel Tree November-December

Toys & Gift Cards- supply holiday gifts for children and teenagers.



DESSERTS

service learning opportunities
(commitment varies)

SSL Hours

We offer Student Service Learning hours for middle school & high school students.

AmeriCorps

We partner with AmeriCorps to provide development & direct service opportunities.

Internships

We offer professional growth opportunities for students seeking college credits.